



## **ELITE MEMBERSHIP**

RS. 45,000/-

BECOME A MEMBER OF THE MOST ELITE FITNESS BRAND IN THE CITY WITH ACCESS TO THE BEST FACILITIES; ON FLOOR GENERAL TRAINING, SPA SERVICES INCLUDING STEAM, SAUNA, SHOWERS AND OTHER AMENITIES. A HEALTHY CAFÉ, PHYSIOTHERAPY AND NUTRITION SERVICES FOR OUR MEMBERS.

## **FACILITY CHARGES**

### **STANDARD**

|            |               |
|------------|---------------|
| MONTHLY    | RS. 26,999/-  |
| QUARTER    | RS. 71,999/-  |
| SIX MONTHS | RS. 131,999/- |
| ANNUAL     | RS. 219,999/- |

### **OFF-PEAK**

7:00 AM - 4:00 PM

|            |               |
|------------|---------------|
| MONTHLY    | RS. 19,999/-  |
| QUARTER    | RS. 49,999/-  |
| SIX MONTHS | RS. 99,999/-  |
| ANNUAL     | RS. 179,999/- |

**ALL PRICES EXCLUDE GST**

[WWW.VOSTROWORLD.COM](http://WWW.VOSTROWORLD.COM)



## **EXCLUSIVE OFFERS**

Unlock exclusive fitness perks!

LADIES-ONLY ZONES AND THE YOGA, ZUMBA AND MANY OTHER CLASSES.

WHILE STUDENTS AND SENIOR CITIZENS RECEIVE DISCOUNTED OFFER ON GROUP CLASSES AND ACCESS TO OUR STATE OF THE ART EQUIPMENT, EMPOWERING TO CRUSH THE FITNESS GOALS

### **STUDENT & LADIES MEMBERSHIP**

Rs. 20,000/-

|            |               |
|------------|---------------|
| MONTHLY    | RS. 17,999/-  |
| QUARTER    | RS. 49,999/-  |
| SIX MONTHS | RS. 74,999/-  |
| ANNUAL     | RS. 144,999/- |

### **SENIOR MEMBERSHIP**

RS. 0/-

|            |               |
|------------|---------------|
| MONTHLY    | RS. 13,999/-  |
| QUARTER    | RS. 39,999/-  |
| SIX MONTHS | RS. 74,999/-  |
| ANNUAL     | RS. 139,999/- |

**ALL PRICES EXCLUDE GST**

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## PERSONAL TRAINING

Unlock exclusive fitness perks!

1-ON-1 COACHING

CUSTOMIZED FITNESS PLAN

PERSONLIZED MEAL PLAN

FITNESS & PROGRESS TRACKING

MONTHLY GOAL REVIEW

PRIVATE SUPPORT

MINDSET & LIFESTYLE COACHING

BODY COMPOSITION ANALYSIS

### SILVER PACKAGE (SLIVER CATEGORY TRAINER)

3 SESSIONS PER WEEK  
(12 SESSIONS)

RS. 29,999/-

5 SESSIONS PER WEEK  
(20 SESSIONS)

RS. 49,999/-

### GOLD PACKAGE (GOLD CATEGORY TRAINER)

3 SESSIONS PER WEEK  
(12 SESSIONS)

RS. 37,999/-

5 SESSIONS PER WEEK  
(20 SESSIONS)

RS. 64,999/-

### PLATINUM PACKAGE (PLATINUM CATEGORY TRAINER)

3 SESSIONS PER WEEK  
(12 SESSIONS)

RS. 49,999/-

5 SESSIONS PER WEEK  
(20 SESSIONS)

RS. 83,999/-

### ELITE PACKAGE (ELITE CATEGORY TRAINER)

3 SESSIONS PER WEEK  
(12 SESSIONS)

RS. 69,999/-

5 SESSIONS PER WEEK  
(20 SESSIONS)

RS. 109,999/-

ALL PRICES EXCLUDE GST

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## ***NUTRITION CLINIC***

|          |              |
|----------|--------------|
| SILVER   | RS. 6,000/-  |
| GOLD     | RS. 12,000/- |
| PLATINUM | RS. 64,000/- |

## ***PHYSIOTHERAPIST***

|                   |              |
|-------------------|--------------|
| INITIAL SESSION   | RS. 1,800/-  |
| FOLLOW UP SESSION | RS. 2,400/-  |
| 5 SESSIONS        | RS. 10,000/- |
| 10 SESSIONS       | RS. 18,000/- |

## ***SHERED GROUP CLASSES***

**RS. 18000/- PER MONTH**

JOIN OUR DYNAMIC GROUP CLASSES WHERE YOU CAN TRANSFORM YOUR FITNESS JOURNEY WITH THE LIKE-MINDED INDIVIDUALS. WHETHER YOU'RE CHASING THE HEAT WITH OUR SUMMER SHRED OR EMBRACING THE GRIND WITH WINTER SHRED, WE'VE GOT A SEASON TO SUPERCHARGE YOUR PROGRESS!

**ALL PRICES EXCLUDE GST**

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