



ELITE MEMBERSHIP RS. 20,000/-

BECOME MEMBER OF THE MOST ELITE FITNESS BRAND IN THE CITY WITH ACCESS TO THE BEST FACILITIES; ON FLOOR GENERAL TRAINING, SPA SERVICES INCLUDING STEAM, SAUNA, SHOWERS & OTHER AMENITIES. A HEALTHY CAFE, PHYSIOTHERAPY AND NUTRITION SERVICES.

FACILITY CHARGES

STANDARD

SUPER (NO SPA)

MONTHLY	RS. 9,500/-
QUARTER	RS. 27,000/-
SIX MONTHS	RS. 50,000/-
ANNUAL	RS. 95,000/-

PLATINUM (WITH SPA)

MONTHLY	RS. 12,500/-
QUARTER	RS. 36,000/-
SIX MONTHS	RS. 70,000/-
ANNUAL	RS. 130,000/-

OFF-PEAK

7:00 AM - 4:00 PM

SUPER (NO SPA)

MONTHLY	RS. 7,000/-
QUARTER	RS. 20,000/-
SIX MONTHS	RS. 42,000/-
ANNUAL	RS. 78,000/-

PLATINUM (WITH SPA)

MONTHLY	RS. 10,000/-
QUARTER	RS. 29,000/-
SIX MONTHS	RS. 55,000/-
ANNUAL	RS. 100,000/-

ALL PRICES EXCLUDE GST



STUDENT AND LADIES MEMBERSHIP

RS. 15,000/-

SUPER (NO SPA)

MONTHLY	RS. 7,000/-
QUARTER	RS. 20,000/-
SIX MONTHS	RS. 42,000/-
ANNUAL	RS. 78,000/-

PLATINUM (WITH SPA)

MONTHLY	RS. 10,000/-
QUARTER	RS. 29,000/-
SIX MONTHS	RS. 55,000/-
ANNUAL	RS. 100,000/-

SENIOR MEMBERSHIP

RS. 0/-

MONTHLY	RS. 7,000/-
QUARTER	RS. 20,000/-
SIX MONTHS	RS. 42,000/-
ANNUAL	RS. 78,000/-

ALL PRICES EXCLUDE GST



PERSONAL TRAINING

- 1-ON-1 COACHING
- CUSTOMIZED FITNESS PLAN
- PERSONALIZED MEAL PLAN
- FITNESS AND PROGRESS TRACKING
- MONTHLY GOAL REVIEW
- PRIVATE SUPPORT
- MINDSET AND LIFESTYLE COACHING
- BODY COMPOSITION ANALYSIS

HALF PERSONAL TRAINING

3 SESSIONS PER WEEK (12 SESSIONS)

SILVER	RS. 21,500/-
GOLD	RS. 28,500/-
PLATINUM	RS. 43,000/-

FULL PERSONAL TRAINING

5 SESSIONS PER WEEK (20 SESSIONS)

SILVER	RS. 35,000/-
GOLD	RS. 47,500/-
PLATINUM	RS. 72,000/-

ALL PRICES EXCLUDE GST



NUTRITION CLINIC

SILVER	RS. 6,000/-
GOLD	RS. 12,000/-
PLATINUM	RS. 64,000/-

PHYSIOTHERAPIST

INITIAL SESSION	RS. 1,800/-
FOLLOW UP SESSION	RS. 2,400/-
5 SESSIONS	RS. 10,000/-
10 SESSIONS	RS. 18,000/-

SHRED GROUP CLASSES

RS. 15,000/- PER MONTH

JOIN OUR DYNAMIC GROUP CLASSES WHERE YOU CAN TRANSFORM YOUR FITNESS JOURNEY WITH THE LIKE-MINDED INDIVIDUALS. WHETHER YOU'RE CHASING THE HEAT WITH OUR SUMMER SHRED OR EMBRACING THE GRIND WITH WINTER SHRED, WE'VE GOT A SEASON TO SUPERCHARGE YOUR PROGRESS!

ALL PRICES EXCLUDE GST