



ELITE MEMBERSHIP RS. 45,000/-

BECOME MEMBER OF THE MOST ELITE FITNESS BRAND IN THE CITY WITH ACCESS TO THE BEST FACILITIES; ON FLOOR GENERAL TRAINING, SPA SERVICES INCLUDING STEAM, SAUNA, SHOWERS AND OTHER AMENITIES. A HEALTHY CAFE, PHYSIOTHERAPY AND NUTRITION SERVICES FOR OUR MEMBERS.

FACILITY CHARGES STANDARD

MONTHLY	RS. 22,000/-
QUARTER	RS. 60,000/-
SIX MONTHS	RS. 115,000/-
ANNUAL	RS. 200,000/-

OFF-PEAK

7:00 AM - 4:00 PM

MONTHLY	RS. 18,500/-
QUARTER	RS. 55,000/-
SIX MONTHS	RS. 95,000/-
ANNUAL	RS. 165,000/-

ALL PRICES EXCLUDE GST



EXCLUSIVE OFFERS

UNLOCK EXCLUSIVE FITNESS PERKS!

LADIES ENJOY OUR PREMIUM FACILITIES, INCLUDING LADIES-ONLY ZONES AND THE YOGA, ZUMBA AND MANY OTHER CLASSES. WHILE STUDENTS AND SENIOR CITIZENS GET DISCOUNT OFFER ON GROUP CLASSES AND ACCESS TO OUR STATE-OF-THE-ART EQUIPMENT, EMPOWERING TO CRUSH THE FITNESS GOALS.

STUDENTS & LADIES MEMBERSHIP

RS. 20,000/-

MONTHLY	RS. 15,000/-
QUARTER	RS. 42,000/-
SIX MONTHS	RS. 80,000/-
ANNUAL	RS. 150,000/-

SENIOR MEMBERSHIP

RS. 0/-

MONTHLY	RS. 12,000/-
QUARTER	RS. 36,000/-
SIX MONTHS	RS. 72,000/-
ANNUAL	RS. 120,000/-

ALL PRICES EXCLUDE GST



PERSONAL TRAINING

1-ON-1 COACHING

CUSTOMIZED FITNESS PLAN

PERSONALIZED MEAL PLAN

FITNESS & PROGRESS TRACKING

MONTHLY GOAL REVIEW

PRIVATE SUPPORT

MINDSET & LIFESTYLE COACHING

BODY COMPOSITION ANALYSIS

SILVER PACKAGE

(SILVER CATEGORY TRAINER)

3 SESSIONS PER WEEK
(12 SESSIONS)

RS. 25,000/-

5 SESSIONS PER WEEK
(20 SESSIONS)

RS. 42,000/-

GOLD PACKAGE

(GOLD CATEGORY TRAINER)

3 SESSIONS PER WEEK
(12 SESSIONS)

RS. 33,000/-

5 SESSIONS PER WEEK
(20 SESSIONS)

RS. 55,000/-

PLATINUM PACKAGE

(PLATINUM CATEGORY TRAINER)

3 SESSIONS PER WEEK
(12 SESSIONS)

RS. 43,000/-

5 SESSIONS PER WEEK
(20 SESSIONS)

RS. 70,000/-

ELITE PACKAGE

(ELITE CATEGORY TRAINER)

3 SESSIONS PER WEEK
(12 SESSIONS)

RS. 60,000/-

5 SESSIONS PER WEEK
(20 SESSIONS)

RS. 95,000/-

ALL PRICES EXCLUDE GST



NUTRITION CLINIC

SILVER	RS. 6,000/-
GOLD	RS. 12,000/-
PLATINUM	RS. 64,000/-

PHYSIOTHERAPIST

INITIAL SESSION	RS. 1,800/-
FOLLOW UP SESSION	RS. 2,400/-
5 SESSIONS	RS. 10,000/-
10 SESSIONS	RS. 18,000/-

SHRED GROUP CLASSES

RS. 18,000/- PER MONTH

JOIN OUR DYNAMIC GROUP CLASSES WHERE YOU CAN TRANSFORM YOUR FITNESS JOURNEY WITH THE LIKE-MINDED INDIVIDUALS. WHETHER YOU'RE CHASING THE HEAT WITH OUR SUMMER SHRED OR EMBRACING THE GRIND WITH WINTER SHRED, WE'VE GOT A SEASON TO SUPERCHARGE YOUR PROGRESS!

ALL PRICES EXCLUDE GST